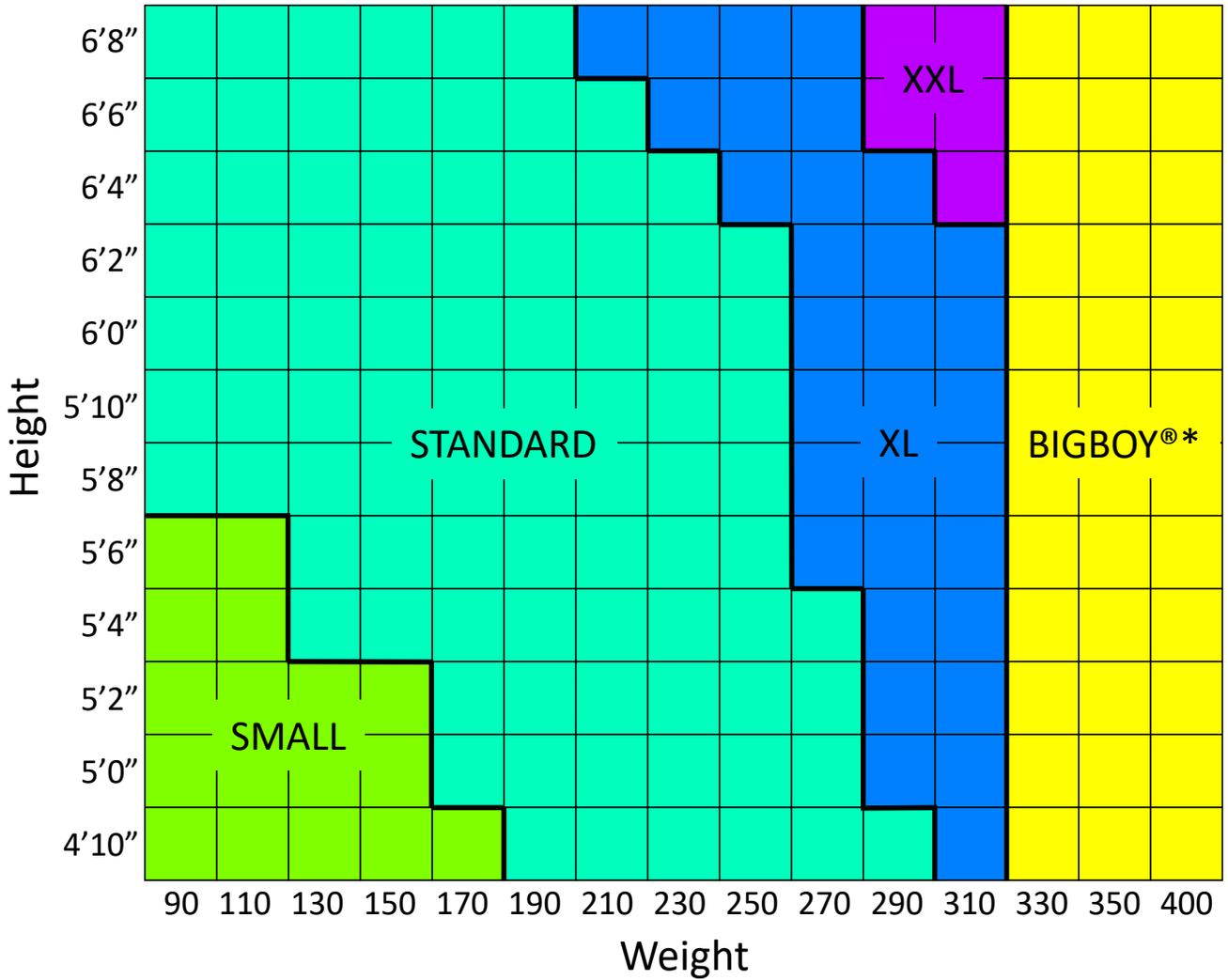




# Reliance Fall Protection Harness Sizing Guide



Reliance Fall Protection full body harnesses are manufactured and rated to comply with the requirements of all applicable ANSI standards. ANSI Z359 recognizes the use of full body harnesses only within a user weight range of 130 to 310 pounds.

\*BigBoy® Harnesses are outside of the scope of the ANSI standard and are rated for individuals up to 400 lbs. (including tools and equipment). All harnesses must be used with either a Shock Absorbing Lanyard or Self-Retracting Lanyard of equivalent weight rating.